

# Educational Forum

Please join us for this **FREE** educational event.

## UNDERSTANDING HOARDING DISORDER

Date:

Tuesday June 20th, 2017 7 PM - 9 PM

Location:

Evergreen Health Medical Center, Suite Tan 100  
12303 NE 130th Lane, Kirkland, WA 98034

Guest Speaker:

Travis L. Osborne, Ph.D.

Research on hoarding and the treatment of hoarding has advanced significantly over the last decade and Hoarding Disorder officially became recognized as a distinct mental health problem in 2013. This presentation will provide an overview of the features of Hoarding Disorder, as well as the current status of research on how to treat this problem. This presentation is appropriate for both individuals with hoarding problems, as well as family and friends of individuals with hoarding problems.



Travis Osborne, Ph.D. is the Co-Director of The Anxiety Center at the Evidence Based Treatment Centers of Seattle (EBTCS) and is a specialist in the evidence-based treatment of anxiety and related problems in adults. Dr. Osborne is particularly passionate about the treatment of OCD and hoarding disorder. He is a graduate of the International OCD Foundation's Behavioral Therapy Training Institute (BTI), volunteers his time as a consultant to the OCD and Hoarding Support Group of Seattle, and is the co-founder and co-director of Camp DCO, an annual camp for teenagers and young adults with OCD. He has also been featured as a therapist on the television shows "Extreme OCD Camp" on BBC3 (British Broadcast Channel 3) and "Hoarding: Buried Alive" on TLC (The Learning Channel).